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{page 12}

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{page 6}

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Wednesday, July 13, 2011
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News worth sharing.

Two children, two adults seriously injured in blaze

◆ Fire investigators still searching for cause of propane-fed blaze
◆ Four-storey apartment building left with major damage

Two adults and two children are in hospital with serious injuries caused by smoke inhalation after a fire in an east-downtown apartment building yesterday afternoon, fire officials say.

When fire crews reached the 50-unit apartment building at 10514-92 Street at 1:40 p.m., two apartments were on fire, said deputy fire chief John Lamb.

Two 100-pound industrial propane tanks fed the fire, resulting in 30-foot flames of burning gas.

Katrina Poetker, an artist, lives on the third floor of the building. She fears all her paintings and drawings inside her apartment are lost.

"I don't have a lot of hope because it looks like I was directly below the major blaze," Poetker said. "And the apartment above me is completely burned out."

About 60 firefighters were battling the blaze that was deemed under control at about 4 p.m. yesterday.

● KATRINE SORENSEN



► About 60 firefighters battled a fire that started on the third floor of this east-downtown apartment building yesterday afternoon.

KATRINE SORENSEN/FOR METRO

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Search for missing woman continues

Melissa Ekkelenkamp has been missing a week but tips are trickling in on possible sightings of the woman who fled the Alberta Hospital last Wednesday, said police.

EPS believed they'd found her yesterday, but realized it was not the 44-year-old. They resumed ground searches near the hospital.

Judy Ekkelenkamp, her sister-in-law, said the family will continue downtown searches. Melissa was supposed to be checked on every 15 minutes.

She is five-foot-ten, 172 pounds.

Anyone with information is asked to call EPS at 780-423-4567. ● METRO

Committee mulls ways to save bridge

Food vendors, shops and restaurants could make the 98-year-old Walterdale Bridge a destination for pedestrians and cyclists, a council committee was told yesterday.

Myron Belej, with Edmonton Urban Design Salon, made the suggestions as councillors discussed keeping the bridge intact after a new one is built, starting in 2013.

Upgrading the bridge is estimated at \$8 million, while maintenance over 50 years would cost \$12 million.

The committee asked for more information about keeping and maybe moving the bridge, and will receive that report in the fall. ● METRO



► A five-year-old boy was fatally shot Monday morning in this house on the Samson Cree First Nation reserve near Hobbema. The boy was the grandson of Chief Marvin Yellowbird.

Arrests won't solve problems on reserve, solicitor general says

► Samson Cree First Nation where five-year-old boy died in shooting is known for its gang-related violence

Alberta's solicitor general says adding more police will not solve the problem at a reserve known for its gang violence where a five-year-old boy was shot to death this week.

Instead, Frank Oberle says the solution must come from within the Samson Cree First Nation community.

RCMP confirm that Ethan Yellowbird, who was the grandson of the chief of the reserve near Hobbema, died after being hit in the head by a bullet fired from outside the home.

Oberle says the public should be outraged and demand more action to fight the problem.

But he says the government can't "arrest its way" out of the gang problems.

He notes the number of RCMP in the area has jumped from 15 to 40 in the past few years and that isn't the only answer.

Oberle was not specific when asked what the other solutions might be.

THE CANADIAN PRESS

Call for change

► National Chief Shawn Atleo said the tragedy is particularly difficult for a community that was making progress to deal with gang violence.

► "We have to demonstrate the leadership and show the courage that is needed to say, 'No more,'" Atleo said at the opening of the Assembly of First Nations yesterday.

1

news


Medical journal article argues parents should lose custody of severely obese kids. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

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Stratford Shakespeare Festival production of Jesus Christ Superstar earns rave reviews from Andrew Lloyd Weber. Video at metronews.ca

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Word on
the street

Do you think Twitter should be monitored, policed and restricted?


Dave Stibrany

27, WEB DEVELOPER, TORONTO

There's such a fine line between free speech and what you can say. It's hard to monitor it, but I definitely think that something should be done with this problem.


Valentina Monreal

23, STUDENT, TORONTO

Of course. But who's actually going to monitor it? Everyone's going to use the whole free-speech amendment.

Mob mentality yielding mean tweets on negative stereotypes

▶ **#fatpeoplenightmares** was trending topic across Canada and the U.S. for nearly 31 hours last week



MARIANA IONOVA

EDMONTON@METRONEWS.CA

When Twitter goes from fun, games and Bieber love to mean trending topics, it becomes a form of bullying, an expert says.

"When you look at taunting and teasing within Twitter ... that type of bullying can drive a person to some serious depths of despair," said Tim Richardson, social media expert and e-commerce professor at the University of Toronto.

Trending topics like **#whatmakesablackgirlmad** illustrate how Twitter can become a platform for nega-

tive stereotyping and cyber-bullying, said Richardson.

Last week, Twitter showed its mean streak again when users began posting hundreds of tweets suggesting overweight people fear exercise, lettuce and the middle seat on flights.

"People were saying these things that are so hurtful that they would never have the guts to say in person," said Sam Tremblay, 22, who tweeted to criticize the **#fatpeoplenightmares** hash tag.

Richardson said many Twitter users do not think twice before tweeting because they can hide behind the anonymity of the Inter-



▶ Tim Richardson, e-commerce professor at U of T, has examined the effects of group dynamics in trending-topic discussions that encourage users to tweet comments that reinforce negative stereotypes.

net.

"The thing with Twitter is that people are distanced from the pain that they're

causing other people, and so they will do these things more easily," Richardson said.

Watch your social media during job search

Your job application was turned down even though you have the education, skills and experience the company is looking for. Reason? Check your Facebook and Twitter posts. Some employers say they base about half of their hiring decisions on applicants' social media activities.

"What intrigues me enough to contact that person is what they have online, what they have done in the past," said Sam Manna, director of client development and talent acquisition at Argentus Search Group. ● **PHOEBE HO**

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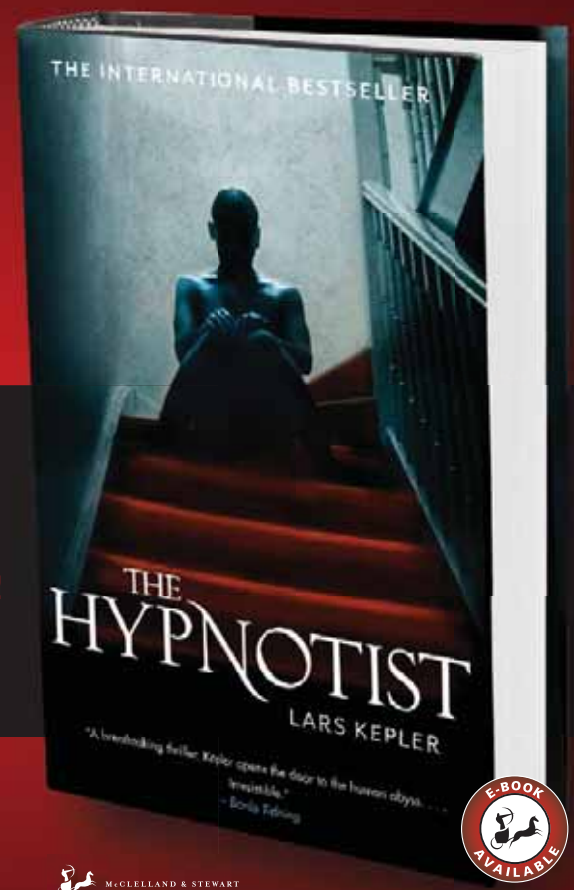
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"SPELLBINDING."

—*People Magazine*



MCCLELLAND & STEWART

NASA 'nauts take final spacewalk

► Robots to eventually assume duty of refuelling satellites that orbit as high as 38,886 kilometres

Astronauts making the last spacewalk of NASA's space-shuttle era yesterday retrieved a broken pump from the International Space Station and installed a fill-up experiment for a robot.

In a departure from previous shuttle visits, the spacewalking job fell to space-station astronauts Michael Fossum and Ronald Garan Jr. They completed the two major chores inside of 3½ hours.

The ammonia coolant pump stopped working last July and, for more than two weeks, left the space station with only half its cooling capability. Space-station residents had to perform three emergency spacewalks last summer to replace the pump and

restore full cooling to all the on-board equipment.

NASA wants the pump brought back to Earth so engineers can figure out why it failed to help them keep the on-board station pumps running.

But perhaps more than anything else on this final journey by a shuttle, the robotic demo illustrates the possibilities ahead for NASA: satellite-refuelling stations in space run by robots.

The space station's two-armed robot Dextre won't tackle the \$22.6-million playset until long after Atlantis departs and the shuttle program ends.

The station is intended to operate until at least 2020.

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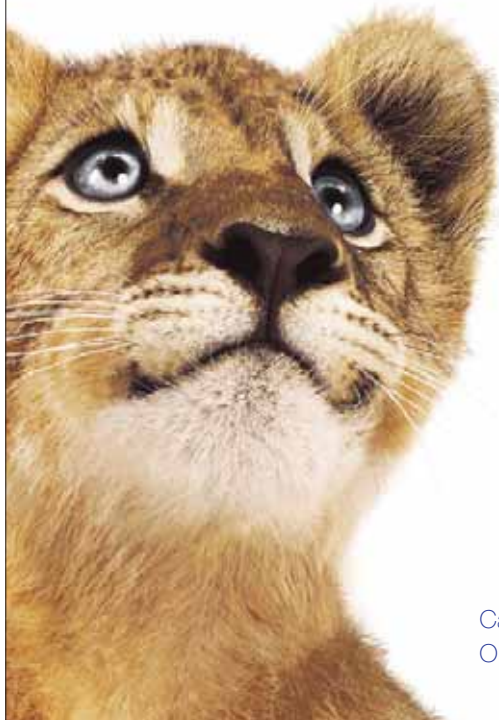
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OLI SCARFF/GETTY IMAGES



► Rupert Murdoch's U.K. newspapers The Sun and Sunday Times are said to have targeted the former prime minister. Murdoch is in London trying to contain the phone hacking scandal that has thrown his media empire into disarray.

Give up BSkyB: British PM

► David Cameron tells Rupert Murdoch to withdraw bid for broadcaster
 ► Sides with opposition ► Phone hacking scandal reaches former PM

The cozy relationship that Rupert Murdoch long enjoyed with the British political establishment came to an abrupt end yesterday, just as he needed it to complete one of his biggest media buys ever.

The billionaire suddenly faces stiff government opposition to his bid for total control of a property that's much more lu-

crative than his print enterprises: the satellite British Sky Broadcasting company. Murdoch has been tainted over the past week by a cellphone hacking scandal at one of his newspapers.

The turnaround came in a stunning an-

nouncement from Prime Minister David Cameron that the government will support an opposition motion calling on Murdoch and his News Corp. to withdraw its \$12 billion US bid for BSkyB.

Cameron's reversal means the Australian-born Murdoch, who held great influence in British politics no matter who ran the government, suddenly finds all three major political parties lined up against him. He's even been asked to

appear before lawmakers next week to answer questions about the conduct of News International, the U.K. arm of News Corp.

Cameron took action after his predecessor, Gordon Brown, gave an emotional televised interview yesterday saying that Murdoch journalists had illegally obtained his confidential bank accounts, tax records and even health information about his son, who suffers from cystic fibrosis.

News International did not comment on the government's decision yesterday. Murdoch, his son James and News International chief Rebekah Brooks have been asked to appear before Parliament to answer questions about the hacking charges.

THE ASSOCIATED PRESS

News in brief



No more DVD, online bundles

NEW RATES. Netflix Inc. is raising its prices for subscribers who rent DVDs through the mail and stream video over the Internet. The new rates mean households that want both will have to buy separate plans totalling at least \$16 per month. Netflix had been including both options in a single package that started at \$10 per month.

THE CANADIAN PRESS

U.S. job listings stagnate

MAY FIGURES. Employers in the U.S. posted nearly 3 million job openings in May, the Labor Department said. That's the same amount as in

April and down from 3.1 million in March, a sign that hiring is unlikely to pick up this summer. There's stiff competition for each opening. In May, nearly 14 million people were out of work. So, roughly 4.7 unemployed people, on average, competed for each available job. In a healthy economy, the ratio is about 2 to 1.

THE ASSOCIATED PRESS

NHL beer war comes to head

MOLSON V. LABATT. A judge's ruling that blocked the NHL's \$375-million agreement with Molson Coors Canada was overturned yesterday by Ontario's Court of Appeal. But Labatt Breweries, which is owned by multinational brewer Anheuser-Busch InBev, countered by announcing its Budweiser beer will become official sponsor of three Canadian teams — the Vancouver Canucks, the Calgary Flames and the reformed Winnipeg Jets — starting Oct. 5. It's the newest twist in the ongoing battle over which beer giant gets to sponsor the National Hockey League.

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FIGURES AS OF 5 P.M. YESTERDAY

RIM future secure with new smartphones: CEOs

Research In Motion faces challenges as it moves toward the release of a new operating system, but the company is strong and on the verge of its biggest product launch ever, Jim Balsillie, RIM's co-chief executive, told shareholders yesterday at the company's packed annual meeting.

There were no signs of serious discontent among shareholders, despite a recent spate of criticism and a serious drop in RIM's stock price. In fact, Balsillie

and co-CEO Mike Lazaridis were welcomed with applause by what appeared to be a partisan crowd, and their comments were received warmly.

The meeting was held in the barrel-filled headquarters of the RIM-sponsored Centre for International Governance Innovation, a historic converted Seagram distillery in Waterloo, Ont.

The RIM chiefs highlighted plans to launch

seven new BlackBerry smartphones running its new operating system, which they insisted would help the new BlackBerry Bold jump a generation in technology and secure the company's future success.

RIM's management structure has come under criticism as Balsillie and Lazaridis serve as both CEOs and co-chairmen of the company. Some shareholders say the roles should be divided.

THE CANADIAN PRESS

Stock-in-trade

- **RIM stock, which closed** up 32 cents at \$27.52 on the TSX yesterday, has been on a steep slide in recent months and trades for a fraction of its all-time high of more than \$140.
- **Co-CEO Mike Lazaridis** said trials of RIM's PlayBook tablet, unveiled in April, were underway at more than 1,500 companies.

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A CHANCE TO EMPOWER CHILDREN

NEIL MORTON
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My youngest daughter, Chloe, has been bugging me for years to coach her house-league soccer team. I remember how cool it was when my dad coached me at soccer as a kid, so I finally stepped up this spring and volunteered, having no real idea of what the heck I was getting myself into — or the learning curve involved.

One of my biggest fears, other than the time involved, was this: You take an ultra-competitive guy who played all-star soccer growing up and put him in charge of a bunch of nine-year-old girls at different skill levels and you just don't know what you're going to get.

My wife has been like, "Well, you're not here to teach them how to win; you're here to let them have fun, exercise, develop some skills." But I'm like, "I know it's house league, but, well, I just *hate* losing. At anything. Period. How can I just turn off my competitive nature? Let's bend it like Beckham!"

Somehow, I have tried to repress that competitive side.

"The long and the short is this: To the thousands of dads and moms across Canada who volunteer their time each week coaching teams — I'm starting to get it now. You guys are awesome. See you at indoor soccer."

I do my best to be fair with all the girls. I divvy up playing time and allow them to try different positions and develop at their own pace. If a more skilled forward scores a goal, I will (while biting my tongue) sometimes move them back to midfield or defence or sub them out just to prove it's not all about winning.

I have also learned to navigate other coaching duties: What parents bring snacks each week, huge storms that blow in out of nowhere where you have to yell at the teenage referee "Stop the game early! Pull the kids off the field!" and the delicate balance of

coaching your daughter and not playing favouritism.

The ultimate goal about coaching at this level, I'm learning, is to empower these girls. To encourage and instill confidence in them at this vital life stage while also just letting them have fun. If we happen to win the game, too, that's gravy. (That said, if we're up 2-1 with minutes to go, I might put my best defenders back there, but shhhhh.)

My daughter loves that daddy is the coach. And daddy pretty much loves doing it, though there are moments after a long work day where he would rather just kick back than gather all the soccer balls and game sheets and water bottles and drive to a soccer field to coach on a sweltering summer evening.

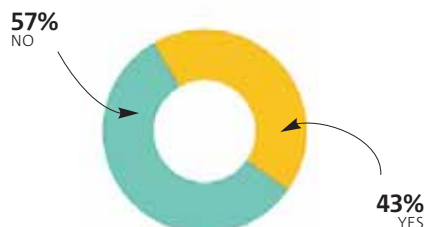
The long and the short is this: To the thousands of dads and moms across Canada who volunteer their time each week coaching teams — I'm starting to get it now. You guys are awesome. See you at indoor soccer.

EDITOR'S NOTE: PAUL SULLIVAN'S JUST SAYIN' WILL RETURN NEXT WEEK
Follow Neil Morton on Twitter (@neilmorton).



Register at
metropolitanpanel.ca
and take the quick poll

Will the U.S. Congress reach a deal to raise the debt limit?



Worth mentioning

Schools and hospitals were designated by the UN Security Council yesterday as safe havens for children threatened by war.

Led by visiting German Foreign Minister Guido Westerwelle, the council voted unanimously yesterday to have the UN chief "name and shame" national security forces and other armed groups that target schools and hospitals in conflicts, often killing, maiming or sexually violating children. The resolution, spearheaded by Germany, also called on all countries to take action to help stop the growing practice.

"Because children are very often the first victims of violence and conflict, we must do what we can to protect them," Westerwelle said.

Jo Becker, advocacy director for children's rights at Human Rights Watch, said a UN blacklist of groups responsible for school and hospital attacks could have "a real impact."

"What this does is puts them on notice," Becker said. "It stigmatizes them."

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Honey spill creates quite the buzz

Cleanup crews in Island Park, Idaho, found themselves in a sticky situation after clearing honey and an estimated 14 million bees that got loose after a delivery truck overturned on a highway.

Fremont County Sheriff deputies say several workers were stung during the first few hours of the cleanup Sunday.



And some observers told The Post-Register about seeing a strange black cloud and roaring noise above the spill area before realizing it was a massive swarm of bees.

Authorities say a truck was hauling the bees to North Dakota from California when the driver veered off the shoulder, tipping more than 400 hive boxes and honey.

Crews worked all day Monday before removing all the honey from the roadway, though deputies say a significant amount of bees were still buzzing.

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2
scene

Jersey Shore



Assault charges will be dismissed if Jersey Shore cast member Ronald (Ronnie) Ortiz-Magro stays out of trouble. The charges stem from a fight outside a Seaside Heights nightclub in 2009 that was shown during the first season of the MTV reality series. A judge in Ocean County on Monday admitted the 25-year-old Bronx, New York, resident into a pretrial intervention program for 18 months. Under the program, he neither admits nor denies guilt.

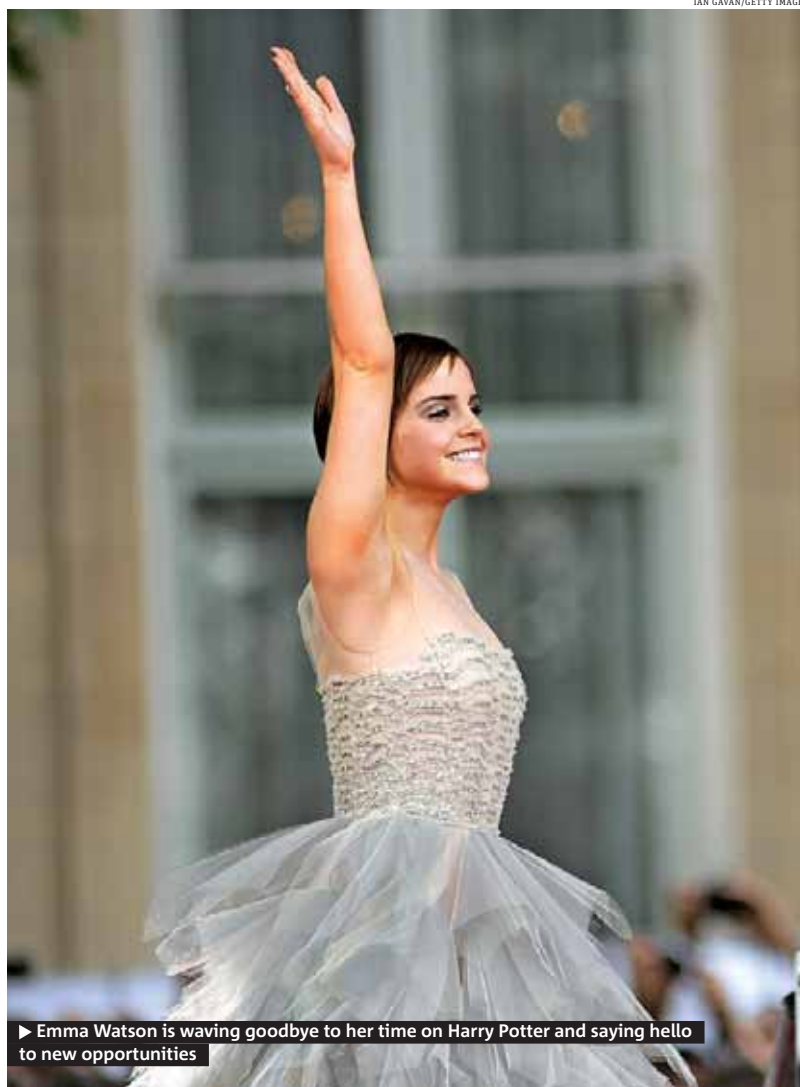
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Patty, Ellen and a new life for 'Damages' as legal thriller returns

Watson waves bye to Harry Potter era

IAN GAVAN/GETTY IMAGES



▶ Emma Watson is waving goodbye to her time on Harry Potter and saying hello to new opportunities

▶ Actress looking forward to new films, new schools and new changes



HEIDI PATALANO
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

From the age of nine, British actress Emma Watson has lived and breathed Harry Potter — having starred in all eight of the films as Potter's close friend, the bookish Muggle-born Hermione Granger. While Watson gave a tearful speech at the final film's premiere in London last week, as Harry Potter and the Deathly Hallows: Part Two gets released, the actress is also eagerly awaiting her post-Potter life — even if she and Hermione have basically already become the same person.

What was your last scene as Hermione?

The last shot we did was this strange moment where we dive into the fireplace in the Ministry of Magic. It was actually for part one, not part two and so Dan, Rupert and I one by one jumped onto these blue safety mats. It seemed like a strange scene to go out on but actually (director David Yates) made the point that we were leaping into the unknown.

It was kind of a perfect metaphor for what we

were all about to go into. I can't tell you how I felt when we were shooting it. **Were there any last moments from shooting that stick out in your mind?**

This film was obviously incredibly challenging for me.

It really pushed me as an actress but at the same time, I was able to use a lot of my own genuine emotion that I felt about loss and it all coming to an end. So yeah, not much acting required, really. It was all there for me.

What's next for you?

It's obviously scary — change is always scary, but I feel like I'm entering a new chapter, like I get a fresh start, and there's something really exciting about that. I have just made a film called The Perks of Being a Wallflower which was just an incredible experience.

So are you going back to Brown?

I'm going to Oxford in the fall to study English for a year. I haven't left Brown. I'm still enrolled at Brown but I'm doing my third year abroad, studying at home, abroad for me. I'll go back to the States for my last year. I took a semester off but my A-level credits actually count as an advance placement.

The man behind the magic

STEPHEN LOVERIN/GETTY IMAGES



▶ David Yates

David Yates has directed the last four Harry Potter films, and some of the best reviewed. Metro found out how he pulled it off.

At the end of shooting The Deathly Hallows did you feel relieved or did you feel like you could do four more films?

I was really glad we'd finished, quite honestly. It's very tough making these

movies. They're really complicated. The reason I think I lasted longer than anyone else is because I enjoyed the world very, very much. The people gave me a lot of energy — Dan, Rupert and Emma, the crew, my producers... And, I didn't want to be the director that did the two in the middle. There was some-

thing about that that made me feel really uncomfortable.

What kind of film would you like to direct next?

With something much smaller and meaner and leaner. It would be crazy to do another blockbuster for a bit, so I'm going to make not a little tiny film but a smaller film. I've got some

great scripts. The great thing about directing Harry Potter is the Harry Potter as a story, it's a thriller, it's a comedy, it's a horror movie, it's an action picture. So as a director, I'm getting sent comedies, action movies, thrillers — everything that you could imagine.

HEIDI PATALANO

'I actually thought I was going to die'

► Orlando Bloom's wife talks about turning down pain meds while giving birth to their son, Flynn

Miranda Kerr admits that giving birth to her and Orlando Bloom's son, Flynn, in January was more than a little difficult.

"I actually thought I was going to die at one point and left my body," she tells InStyle Australia.

"I was looking down on myself, the pain was so intense. I kept thinking,

'How do women do this?' But if other women have done this, I can do it too. I was determined."

Kerr says she decided against any anesthetic during her 27-hour labour.

When he was born, Flynn weighed in at nearly 10 pounds.

● METRO



► Miranda Kerr's baby weighed almost 10 pounds.

ALL PHOTOS GETTY IMAGES

January hits baby shops

If January Jones' shopping habits are any indication, she's having a girl.

The very pregnant Mad Men star visited L.A. children's boutique Poppy recently, where she bought some decidedly girlish baby clothes, according to Hollycoop.

Of course, shopping tendencies don't count for everything, as Jones was spotted last month checking out blue baby clothes at



► Mom-to-be January Jones

a Los Angeles Target, prompting many to speculate she is having a boy.

● METRO

Lilo says her house arrest was good times

Lindsay Lohan doesn't make 35 days of house arrest sound like much of a punishment. The actress tells Australian radio station 2Day FM that her sentence was fun: "I enjoyed it, actually, as I was able to get a lot of work done from home, and it

was very nice not to have to worry about cameras being outside." ● METRO

Baby boom



► Jewel

New mom Jewel over the moon

IT'S A BABY BOY.

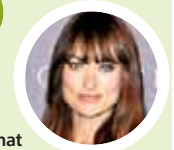
Jewel and her husband, Ty Murray, welcomed a baby boy, Kase Townes Murray, on Monday, the singer confirms to People magazine.

"Ty and I are so pleased to welcome our new baby boy into the world," Jewel tells the magazine. "We are overcome with happiness. It really is as great as everyone told us it would be — better even!" ● METRO

Celebrity tweets



@oliviawilde



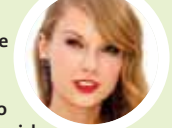
"A doorman just asked what year of high school I'm in. When I said I wasn't, he thought I was a drop-out and said I should rethink my future."

@azizansari



"If I was on a date and girl said she wasn't a fan of Above the Rim OR it's accompanying soundtrack, I'm out."

@taylorswift13



"Yeah, there are all sorts of fun things to do while sick and on vocal rest. Like sitting here, popping bubble wrap by myself."

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3
life

B.C. Green Awards



A B.C. ranch in Cariboo region and a Vancouver restaurant received gold awards from the U.K.-based Green Tourism Business Scheme. The Siwash Lake Ranch offers horseback-riding and fly-fishing vacations. The Refinery restaurant says it uses only energy-efficient equipment and sustainable building materials.

THE CANADIAN PRESS



Celebrated ceilings around the world give tourists reason to look up.



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► A military chapel, left, is illuminated during a night tour on Alcatraz Island in San Francisco. Alcatraz at night offers visitors an eerie adventure and different perspective on prison life.

Foggy Alcatraz by night

- Touring this former prison by night is 'kind of eerie with the fog and lights' says a visitor
- Off-limit areas including the dungeon and hospital are free to roam about when its dark

When night fell on The Rock in San Francisco Bay, visitors moved shadow-like through the former prison's lantern-lit hospital rooms, against dingy walls with peeling blue paint.

A hard wind whooshed and rattled a window in the hospital cell where Robert Stroud, The Birdman of Alcatraz, spent 11 of his 17 years at the darkest, hardest federal prison in the U.S.

Yet most of the more than one million tourists who visit the famous former prison annually never get to experience Alcatraz Island at night or see its spooky, decrepit hospital — experiences unique to the night tour.

At dusk the island prison that housed some of the na-



► A woman looks through a hole and bulletproof glass into a visitation area.

tion's most notorious criminals — including Al Capone and the recently rearrested James (Whitey) Bulger, who was on The Rock for bank robbery from 1959 to 1963 — is often enshrouded by fog. Lamps on the grounds emit a ghostly glow.

The difference from the daytime tour is apparent. The ferry from San Francisco motors slowly around the isle, passing decrepit buildings surrounded by Alcatraz's new residents: black Brandt's cormorants, western gulls and the other birds at home there since U.S. Attorney General Robert Kennedy shuttered the prison in 1963. The is-



► Visitors look into cells in the main cell block.



► A man walks past the remains of the warden's house.

land became a national park in 1972.

"This is a little eerie," said Gerard Lang, 28, who was visiting from Covington, Ky. "You kind of feel like you're heading to prison yourself."

Visitors begin a winding ascent. Once inside the prison, the audio tour features stories from ex-inmates and former prison

guards in their own voices. The tour leads visitors through D Block, or solitary confinement. You can sense the isolation, the desperation.

On the ride back to shore, San Francisco's skyline glowed through the evening fog and many remarked on the unique evening spent on Alcatraz.

THE ASSOCIATED PRESS

The way there

► Alcatraz can only be reached by ferry and there is a charge for ferry service to and from the island, which includes the cellhouse audio tour and departs from Pier 33 at Fisherman's Wharf in San Francisco.

► Tickets are made available about 60 days in advance; reservations recommended as some tours do sell out, with the night tours among the most popular.

► Tours take 2 1/2 hours round-trip. Daytime tours are \$26 (\$16 for kids 5-11, free for children under 4, \$24.50 for seniors 62 and over), with departures 9:10 a.m.-3:55 p.m. daily. Night-time tours are \$33 (\$19.50 for kids 5-11, \$30.50 for seniors), with departures Thursday-Monday at 6:10 p.m. and 6:45 p.m.

► For more information visit nps.gov/alcatraz

► For tickets and schedule at alcatrazcruises.com.

Drink of the week

Summer Lemon Zinger

Designed for barbecues or picnics, this recipe serves one, but quantities can easily be increased.

- 45 ml (3 tbsp) whisky
- 30 ml (2 tbsp) tea (brewed strong; cooled)
- 60 ml (4 tbsp) freshly made lemonade (equal parts lemon juice, sugar and water)
- Fruit, for garnish

In a glass, combine ingredients over ice. Garnish with fresh fruit such as lemon.

**THE CANADIAN PRESS/
GIBSON'S FINEST 12 YEAR
OLD CANADIAN WHISKEY**



Summer's versatile protein

► Barbecue flank beef works perfectly in refreshing salads like this Vietnamese-inspired one, which is ideal for sit-down dinners ► It can be dressed down in sandwiches for picnics

THE CANADIAN PRESS H/O

Ingredients:

Vietnamese Flank Steak

- 2 cloves garlic, minced
- 1 shallot, finely chopped
- 25 ml (5 tsp) packed brown sugar
- 20 ml (4 tsp) vegetable oil
- 15 ml (1 tbsp) each fish sauce and soy sauce
- 1 ml (1/4 tsp) pepper
- 750 g (1 1/2 lb) beef flank marinating steak

Noodle Salad

- 250 g (8 oz) fine rice vermicelli
- 750 ml (3 cups) shredded lettuce
- 750 ml (3 cups) fresh bean sprouts
- 12 fresh mint sprigs
- Half an English cucumber, julienned
- 1 tomato, cut into wedges (optional)
- 125 ml (1/2 cup) chopped roasted peanuts

Sauce

- 125 ml (1/2 cup) cold water
- 45 ml (3 tbsp) lime juice
- 30 ml (2 tbsp) sugar
- 30 ml (2 tbsp) fish sauce
- 1 Thai chili, thinly sliced

Barbecued flank beef shines in sandwiches and salads like this one.

Pick up an extra flank steak when shopping and throw it on the grill.

Use one in this recipe with fresh vegetables and serve the second the next night in an open-face steak and cheddar melt sandwich.

Preparation:

1 In a large resealable freezer bag, combine garlic, shallot, brown sugar, oil, fish sauce, soy sauce and pepper. Pierce steak all over with a fork; place in bag and refrigerate for 8 hours or up to 24 hours.

2 Place steak on greased grill over medium-high heat (200 C/400 F); close lid and grill for 5 to 6 minutes per side for medium. Remove from heat. Tent with foil; let stand for 5 minutes before slicing across the grain.



► This refreshing salad features flank beef, cucumbers, shredded lettuce, bean sprouts, tomatoes and vermicelli noodles.

3 Noodle Salad: Cook vermicelli according to package instructions. Place in a shallow bowl or platter along with shredded lettuce, fresh bean sprouts, mint

sprigs, cucumber and tomato, if using. Top with roasted peanuts.

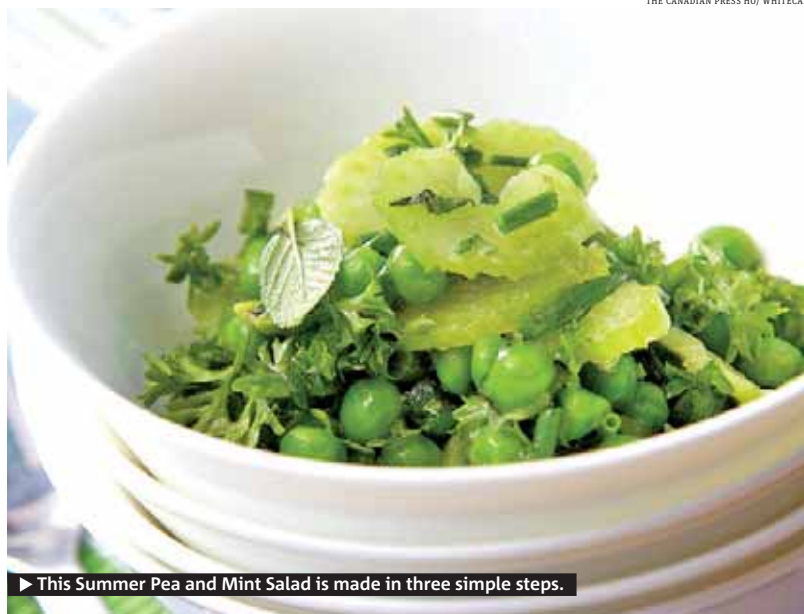
4 Sauce: In a bowl, combine water, lime juice, sugar, fish sauce

and chili; splash over noodle salad and toss to combine.

5 Serve salad with steak. **THE CANADIAN PRESS/ BEEF INFORMATION CENTRE**

Fresh peas mingle with mint

THE CANADIAN PRESS H/O/ WHITECAP



► This Summer Pea and Mint Salad is made in three simple steps.

► This salad from dietician Marilyn Smith's Healthy Starts Here! cookbook pairs well with warm weather

Farmers markets and grocery stores are starting to stock fresh peas. They're delicious eaten from the pod and they're also a great addition to summer salads (if you can make it home without snacking!).

Dietitian Marilyn Smith was looking for a way to incorporate peas in a salad. She had mint in her garden and celery in her fridge.

"I wondered if I throw all this stuff together and I make a tangy sauce what would happen and it turned out really well."

The Summer Pea and Mint Salad is included in her recent cookbook Healthy Starts Here!

Preparation:

1 Salad: In a large salad bowl, toss together peas, celery, parsley, mint and chives.

2 Dressing: In a small bowl, whisk together

oil, orange juice concentrate, vinegar and Dijon.

3 Pour dressing over salad and toss well. Serve. **THE CANADIAN PRESS/ HEALTHY STARTS HERE BY MARILYN SMITH (WHITECAP, 2011)**

Ingredients:

Salad

- 375 ml (1 1/2 cups) cooked, chilled fresh peas or thawed frozen baby peas
- 2 stalks celery, thinly sliced
- 175 ml (3/4 cup) finely chopped parsley
- 50 ml (1/4 cup) finely

chopped fresh mint

- 50 ml (1/4 cup) snipped fresh chives

Orange-Dijon Dressing

- 15 ml (1 tbsp) canola oil
- 15 ml (1 tbsp) frozen orange juice concentrate, thawed
- 15 ml (1 tbsp) apple cider vinegar
- 5 ml (1 tsp) Dijon mustard

An intern's insight

STUDENT VOICE

EMILY MOORHOUSE
TALENTEGG.CA

During my three year Public Relations Advanced Diploma program at Humber College, we were required to complete a 15-week internship in order to graduate.

The process of finding an internship while in school was made easier as we had an online portal where employers could post opportunities that we could apply for.

I managed to get an internship at a start-up company and received an honorarium of \$100 a month.

However, as the company was small, they didn't have the funding for me to

What I learned

Key take-aways from Emily's experience:

- ▶ Build a network of contacts by attending events and meeting new people. Bring along personal business cards to show others that you're prepared and serious about the job hunt.
- ▶ Internships are a great way to develop new skills and test different work environments. With one or two internships under your belt, you'll be more ready for the work world when you start searching for entry-level positions.

stay on as a full-time employee. While I was still interning, my supervisor was amazing at reaching out to

her contacts to help me find a job.

I also utilized many online tools for my job search, including Twitter, job search engines and email. I emailed as many public relations agencies as I could, briefly explaining my experience and how I could fit in with their company.

During this process, I learned how important it is to customize your cover letter and objective to the specific place you are applying. It's also crucial to double and triple check for correct names and spelling.

In the end I saw a posting for a social media internship for an online global publication. I sent an email to the social media manager, which included a brief introduction of myself, my cover letter and my resumé.

I then spoke with her on the phone, and was offered an interview at the Toronto office. Thankfully, I'm a people person and I don't get shy when it comes to talking about career related topics. After leaving the interview feeling confident, I was later offered the internship.

I think it's important to do at least one or two internships before searching for entry-level careers. Internships give you a chance to develop your skills and get a better understanding of the work environments that you enjoy (or don't enjoy!).

Another plus of internships is, depending on the impression you leave and the size of the company, you may be offered a job after your placement.

I think the greatest piece of advice I could give to students looking to land their own internships, would be to network and volunteer as much as you can while in school.

It's so important to build a network of contacts and connections. If you're willing to take time out of your busy schedule to do volunteer work, the people you are volunteering for may be inclined to provide a valuable reference for you down the road.

A great way to network is to attend events and really put yourself out there. Take along some personal business cards that include your Twitter handle or your LinkedIn URL (if you're active on those sites).

If you've worked an awesome summer job and it ended on good terms, keep in touch with your past employer. You never



▶ Emily Moorhouse recommends employers who take on interns always remember to give them a decent amount of work and responsibility.

Where Emily is now

Since I just graduated in June, I'm currently doing a full-time, paid internship. I felt this was the best way to go as it would allow me to make a bit of money, while also gaining more experience in my field. I also plan to further my education sometime in the near future.

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Keep those pages turning

► Encouraging youngsters to read books during the summer will keep them sharp and ready when fall arrives

Summertime is so beautiful — filled with outdoor sports, full pink roses, warm afternoons and cool evenings. Just thinking about the summer months makes many school-aged children happy. You may remember having at least a few lazy days of summer during which you actually had the time to grab a book, relax, and read outside for a while.

The Johns Hopkins University Center for Summer Learning says that “research demonstrates that all students experience significant learning losses in procedural and factual knowledge during the summer months”. However, reading four or five books can actually enhance reading ability in an elementary school child, and instead of finishing the summer with a learning deficit, your child can finish the summer with gains, and go into the new school year with better reading and writing

skills.

How can you help your child this summer and prevent a learning loss? First, think about your own likes and dislikes. If someone told you to read *Crime and Punishment* by Dostoevsky over the summer, unless

you are an aficionado of Russian novels, you may just put it off. Your child is no different. If you like to read lighter books in the summer, your child may just have the same feeling. That’s perfectly OK.

Children should read

what they like to read over the summer, because it is more likely that they will read more after having discovered the joy of reading. Allow your child to experience the wonder of reading a fantasy or science fiction story, or the thrill of feeling

as if he or she is at a revolutionary war battle — or on a pirate ship. Some children may like non fiction, even during the summer, and may want to read about the universe, science, or even about travels or foods in foreign lands. Like you,

“Research demonstrates that all students experience significant learning losses... during the summer months”

THE JOHN HOPKINS UNIVERSITY
CENTRE FOR SUMMER LEARNING

they just might turn into an adult with fond memories of reading outside during the summer.

With young preschoolers, make time during the summer for reading aloud. It’s important to begin reading aloud to your child as soon as possible, because this helps to develop a sense for the rhythm and pattern of language. Kumon Math and Reading Centres offer these tips for reading with preschoolers:

- Read as often as you and your child can, and prepare for reading aloud by previewing the books you intend to read together.
- The art of listening is acquired, and so it must be taught and cultivated gradually — if you have ever had your child run away during the middle of a page, you already know about this. Read slowly enough for your child to build mental pictures of what he or she has just heard.

- Vary the subject matter and length of the books you read. Reading above your child’s reading level on occasion can motivate a child’s love of learning and helps to build vocabulary.

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Accepting applications for fall 2011 until July 29.



► Still have fond memories of reading your young summers away? Pass those feelings on to your kids.

CAN A BOSS HALT YOUR HOLIDAY TIME?

WORKPLACE LAW



DANIEL LUBLIN
DAN@CANADA
EMPLOYMENT
LAWYER.COM
TWITTER:
@DANLUBLIN

About to leave on a much-needed vacation, Lerae Bigelow thought she had made plans for just about everything. But when her boss demanded that she cancel her trip at the last minute, she realized there was one contingency she had overlooked — her own dismissal.

As a supervisor for the Alberta-based oilfields service company T.C. Mobile Vessels Ltd., Bigelow thought she had complied with the usual vacation protocol: She notified her boss that she was attending a family reunion at the end of August and spoke to him again one week before her

trip to ensure everything was in order. However, on the day of her departure, her boss called from out of town demanding that she change her plans and work that night. Bigelow explained that she had scheduled a vacation and it was too late to reschedule. Thinking he was entitled to

issue the directive and that Bigelow would have to obey, her boss got upset when she refused to take the shift. He later called her demanding that she return her equipment to the company.

When she returned from vacation, Bigelow received a text from her boss con-

firming that she had been dismissed. Although he later testified that he would have considered rehiring Bigelow had she returned his calls, Bigelow was not interested in returning...

DANIEL LUBLIN IS AN EMPLOYMENT LAWYER WITH WHITTEN & LUBLIN LLP. TO READ THIS ARTICLE IN ITS ENTIRETY VISIT METRONEWS.CA

4
sports

Quoted



"The difference between me and a lot of quarterbacks is I've been able to be consistent."

MONTREAL ALOUETTES QUARTERBACK ANTHONY CALVILLO, WHO IS TIED WITH DAMON ALLEN FOR THE CFL TOUCHDOWN PASSES RECORD WITH 394.

CALVILLO CAN BEAT THE RECORD WHEN THE ALS HOST THE TORONTO ARGOS FRIDAY.

Driver warns of Indy carnage in Edmonton

Canadian open-wheel driver Alex Tagliani says anyone amazed by the demolition derby at last weekend's Toronto Indy hasn't seen anything yet.

Tagliani says the long straightaway into the 90-degree Turn 1 at Edmonton's new airport track guarantees more carnage unless IndyCar officials modify the controversial double-file restarts.

"I'm getting pretty ticked off," Tagliani said in an interview yesterday. "In Edmonton, I expect multiple wrecks out here."

The 38-year-old from Lachenaie, Que., will be one of three Canadians on the grid July 24 at the Edmonton Indy.

Previously, the drivers restarted in single file following a full-course caution. This year, drivers are lining up two-by-two. It has created more excitement and more passing on the restarts, but has also led to more crashes, including the multiple crackups that knocked out about a quarter of the field in Toronto Sunday.

The race in Toronto, won by Dario Franchitti, featured a lot of crashing and fist-waving among drivers.

THE CANADIAN PRESS



► National League all-star Prince Fielder of the Brewers rounds the bases after hitting a home run last night.

All-star Prince of pop

► Brewers slugger paces National League to second-straight all-star victory

Pitching, speed and a little bit of power. The National League is back on top in the all-star game, using the same formula that worked during its dominating run in the 1970s and '80s.

Prince Fielder hit a three-run homer and Roy Halladay and his relief combined on a six-hitter to lead the NL over the American League 5-1 last night, giving the senior circuit its first two-game winning streak since the mid-1990s.

The victory handed the NL home-field advantage in the World Series. With several big names as no-shows

5	1
NATIONAL	AMERICAN

at Chase Field in Phoenix, the AL lost more than the game.

Boston right-hander Josh Beckett warmed up, then bowed out with a sore knee. Detroit slugger Miguel Cabrera left after hurting his side.

Even before they were hurt, many stars were miss-

ing. Justin Verlander, Felix Hernandez and many other aces started Sunday and were ineligible. Chipper Jones and Alex Rodriguez were among those on the disabled list and Derek Jeter wanted a break. In all, 16 of 84 all-stars were dropped.

Tyler Clippard got the win despite allowing a single to Adrian Beltre, his only batter. Relievers Clayton Kershaw, Jair Jurrjens, Craig Kimbrel, Jonny Venters, Heath Bell, Joel Hanrahan and Brian Wilson combined to keep the NL ahead.

Fielder won the MVP award after becoming the first Brewers player to homer in an all-star game. The World Series edge could help him later, with Milwaukee and St. Louis tied for the Central Division lead at the break.

The NL dashed around the bases and stole three bags, all in one inning.

In all, the Nationals have enjoyed their best run since taking three in a row from 1994-96 — they had lost 12 straight games played to a decision before a 3-1 victory at Anaheim last year. **THE ASSOCIATED PRESS**

Are you overweight or obese?

A relatively small weight loss can have a big impact on your health. Losing 5-10% of your body weight may prevent or delay the development of type 2 diabetes.

Researchers at the University of Alberta want to find out if adding an investigational drug to a program of diet and exercise can help you get your weight to a healthier range and maintain it.

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Oilers deal Cogliano for 2nd-round 2013 pick



► Andrew Cogliano skates with the puck.

The Edmonton Oilers have traded centre Andrew Cogliano to the Anaheim Ducks in exchange for a second-round draft pick in 2013.

Cogliano was drafted 25th overall by Edmonton in the 2005 draft and has not missed a game in four NHL seasons. Last season the 24-year-old had 11 goals and 35 points. In 328 career games with the Oilers, the Toronto native has 57 goals and 146 points. He also led

Edmonton with a career-high 461 faceoff wins.

The pick acquired for Cogliano gives Edmonton eight selections in the 2013 draft. **THE CANADIAN PRESS**

Ducks sign goalie

- The Ducks also announced yesterday it signed goaltender Jeff Deslauriers to a two-year contract.
- Deslauriers was with the Oilers for three seasons.

MAJOR LEAGUE BASEBALL

AMERICAN LEAGUE

EAST DIVISION					
	W	L	Pct	GB	
Boston	55	35	.611	—	
New York	53	35	.602	1	
Tampa Bay	49	41	.544	6	
Toronto	45	47	.489	11	
Baltimore	36	52	.409	18	

CENTRAL DIVISION					
	W	L	Pct	GB	
Detroit	49	43	.533	—	
Cleveland	47	42	.528	½	
Chicago	44	48	.478	5	
Minnesota	41	48	.461	6½	
Kansas City	37	54	.407	11½	

WEST DIVISION					
	W	L	Pct	GB	
Texas	51	41	.554	—	
Los Angeles	50	42	.543	1	
Seattle	43	48	.473	7½	
Oakland	39	53	.424	12	

Last night's result

All-Star Game — At Phoenix

National League 5 American League 1

Monday's results

No Games Scheduled.

Today's games

No Games Scheduled.

Tomorrow's games

All Times Eastern

Cleveland at Baltimore, 7:05 p.m.

N.Y. Yankees at Toronto, 7:07 p.m.

Kansas City at Minnesota, 8:10 p.m.

L.A. Angels at Oakland, 10:07 p.m.

Texas at Seattle, 10:10 p.m.

NATIONAL LEAGUE

EAST DIVISION					
	W	L	Pct	GB	
Philadelphia	57	34	.626	—	
Atlanta	54	38	.587	3½	
New York	46	45	.505	11	
Washington	46	46	.500	11½	
Florida	43	48	.473	14	

CENTRAL DIVISION					
	W	L	Pct	GB	
Milwaukee	49	43	.533	—	
St. Louis	49	43	.533	—	
Pittsburgh	47	43	.522	1	
Cincinnati	45	47	.489	4	
Chicago	37	55	.402	12	
Houston	30	62	.326	19	

WEST DIVISION					
	W	L	Pct	GB	
San Francisco	52	40	.565	—	
Arizona	49	43	.533	3	
Colorado	43	48	.473	8½	
Los Angeles	41	51	.446	11	
San Diego	40	52	.435	12	

Last night's result

All-Star Game

National League 5 American League 1

Monday's results

No Games Scheduled.

Today's games

No Games Scheduled.

Tomorrow's games

All Times Eastern

Florida at Chicago Cubs, 8:05 p.m.

Milwaukee at Colorado, 8:40 p.m.

San Francisco at San Diego, 10:05 p.m.

NATIONAL 5, AMERICAN 1

American	ab	r	h	bi	National	ab	r	h	bi
Gndrs cf	2	0	0	0	RWeeks 2b	3	1	0	0
Ellsury cf	2	0	0	0	BPhillips 2b	1	0	0	0
ACarer ss	2	0	0	0	Beltran dh	2	1	1	0
JHPerlt ss	2	0	0	0	Ethier ph-dh	1	0	1	1
AdGonzl 1b	2	1	1	1	GSchnz ph-dh	1	0	0	0
McCar 1b	1	0	0	0	Kemp cf	2	1	1	0
MiYong 1b	1	0	0	0	AMCt cf	1	0	0	0
Bautist rf	2	0	1	0	Fielder 1b	2	1	1	3
Quentin rf	2	0	0	0	Votto 1b	2	0	0	0
JHmln lf	2	0	1	0	McCnc c	2	0	0	0
Joyce lf	2	0	1	0	YMoIn c	1	0	1	0
ABeltre 3b	2	0	1	0	Bruce ph-rf	1	0	0	0
Yokulis 3b	1	0	1	0	Bkrmn rf	1	0	1	0
Caddy 1b	1	0	0	0	JUpston rf	2	0	0	0
D.Ortiz dh	2	0	0	0	Monter c	0	0	0	0
Konerk ph-dh	1	0	0	0	Hollidy lf	1	0	0	0
Cano 2b	2	0	0	0	Pence lf	2	1	1	0
HKnrc 2b	1	0	0	0	Tiwtkz ss	2	0	1	0
Avila c	2	0	0	0	Scstro pr-ss	1	0	0	0
Wieters c	1	0	0	0	Rolen 3b	2	0	0	0
PSndvl 3b	1	0	1	1					

Totals	33	16	1	Totals	31	5	9	5
American	000	100	000	—1				
National	000	310	10x	—5				

E—Bruce, S.Castro. DP—All 1. LOB—AL 6, NL 3.
2B—Y.Molina, P.Sandoval. HR—Ad.Gonzalez, Fielder. SB—R.Weeks, S.Castro 2. CS—Berkman.

American	IP	H	R	ER	BB	SO
Weaver	1	0	0	0	1	1
Robertson	1	1	0	0	0	1
Pineda	1	0	0	0	0	2
C.Wilson L	1	3	3	3	0	1
Walden	1	2	1	1	0	1
C.Perez	1	1	0	0	0	1
League	1	2	1	1	0	1
Ogando	2-3	0	0	0	0	0
G.Gonzalez	1-3	0	0	0	0	1

National	IP	H	R	ER	BB	SO
Halladay	2	0	0	0	0	1
CLee	12-3	3	1	1	0	0
Clippard W	1-3	1	0	0	0	0
Kershaw	1	0	0	0	0	1
Jurriens H	12-3	1	0	0	0	1
Kimble H	1-3	0	0	0	1	0
Venters	2-3	0	0	0	1	1
H.Bell	1-3	0	0	0	0	1
Hanrahan	1-3	1	0	0	0	1
Br.Wilson S	2-3	0	0	0	0	0
PB—Wieters.						
T—2:50. A—47,994 (48,633) at Phoenix.						

CYCLING

TOUR DE FRANCE

10th Stage — 158 kilometres (hilly terrain)
1. Andre Grelpel, Germany, Omega Pharma-Lotto, three hours 31 minutes 21 seconds; 2. Mark Cavendish, Britain, HTC-Highroad, same time; 3. Jose Joaquin Rojas, Spain, Movistar, s.t.; 4. Thor Hushovd, Norway, Garmin-Cervelo, s.t.; 5. Romain Feillu, France, Vacansoleil-DCM, s.t.; 6. Daniel Oss, Italy, Liguigas-Cannondale, s.t.; 7. Sebastien Hinault, France, AG2R La Mondiale, s.t.; 8. Borut Bozic, Slovenia, Vacansoleil-DCM, s.t.; 9. Geraint Thomas, Britain, Sky Procycling, s.t.; 10. Samuel Dumoulin, France, Cofidis, s.t.

Canadian — 142. Ryder Hesjedal, Victoria, Garmin-Cervelo, 5:59.

OVERALL STANDINGS (AFTER 10 STAGES)

1. Thomas Voeckler, France, Europcar, 42 hours six minutes 32 seconds; 2. Luis Leon Sanchez, Spain, Rabobank, one minute 49 seconds behind; 3. Cadel Evans, Australia, BMC, 2:26; 4. Frank Schleck, Luxembourg, Leopard-Trek, 2:29; 5. Andy Schleck, Luxembourg, Leopard-Trek, 2:37; 6. Tony Martin, Germany, HTC-Highroad, 2:38; 7. Peter Velits, Slovakia, HTC-Highroad, s.t.; 8. Andreas Kloeckner, Germany, RadioShack, 2:43; 9. Philippe Gilbert, Belgium, Omega Pharma-Lotto, 2:55; 10. Jakob Fuglsang, Denmark, Leopard-Trek, 3:08.

Canadian — 52. Ryder Hesjedal, Victoria, Garmin-Cervelo, 15:32.

GOLF

LPGA MONEY LEADERS

All figures in U.S. dollars

	Tn	Money
1. Yani Tseng	11	\$1,329,383
2. Cristie Kerr	11	\$1,064,765
3. Suzann Pettersen	9	\$767,649
4. Karrie Webb	11	\$664,641
5. Stacy Lewis	11	\$556,434
6. Brittany Lincicome	11	\$548,902
7. Paula Creamer	11	\$524,978
8. Morgan Pressel	11	\$520,445
9. Angela Stanford	11	\$517,100
10. I.K. Kim	9	\$471,887
11. Hee Kyung Seo	10	\$463,192
12. Jiayi Shin	10	\$462,035
13. Na Yeon Choi	10	\$401,654
14. Maria Hjorth	10	\$377,084
15. Sandra Gal	9	\$358,782
16. Michelle Wie	10	\$331,574
17. Mika Miyazato	10	\$320,500
18. Amy Yang	11	\$300,156
19. Sun Young Yoo	11	\$247,009
20. Catriona Matthew	9	\$233,906
21. Mindy Kim	8	\$216,368
22. Ai Miyazato	9	\$213,756
23. Inbee Park	7	\$200,923
24. Song-Hee Kim	11	\$200,609
25. Meena Lee	9	\$190,696
26. Juli Inkster	11	\$187,902
27. Anna Nordqvist	10	\$187,385
28. Katie Futcher	9	\$179,288
29. Karen Stupples	11	\$176,830
30. Se Ri Pak	10	\$163,044
31. Shanshan Feng	11	\$147,469
32. Candie Kung	10	\$137,609
33. Beatriz Recari	11	\$132,466
34. Chella Choi	9	\$125,175
35. Sophie Gustafson	10	\$122,492
36. Brittany Lang	11	\$121,174
37. Katherine Hull	11	\$114,862
38. Wendy Ward	11	\$112,710
39. Azahara Munoz	11	\$112,613
40. Natalie Gulbis	11	\$108,911
41. Ryann O'Toole	5	\$102,056
42. Paige Mackenzie	7	\$97,451
43. Jinjin Kang	11	\$96,915
44. Stacy Prammanasudh	11	\$95,550
45. Eun-Hee Ji	9	\$94,518
46. Kyeong Bae	11	\$91,700
47. Pat Hurst	9	\$86,998
48. Amy Hung	11	\$86,272
49. Pornanong Phatlum	8	\$84,608
50. Vicky Hurst	11	\$83,784

CHAMPIONS CHARLES SCHWAB CUP LEADERS

Through July 10

All figures in U.S. dollars

	Points	Money
1. Tom Lehman	1,533	\$1,298,270
2. Nick Price	1,053	\$1,008,718
3. John Cook	868	\$1,025,362
4. Tom Watson	850	\$546,105
5. David Eger	822	\$746,594
6. Jeff Sluman	769	\$893,535
7. Mark Wiebe	721	\$766,804
8. Peter Senior	717	\$572,997
9. Michael Allen	623	\$612,083
10. Russ Cochran	531	\$602,767
11. Loren Roberts	501	\$410,842
12. Mark Calavecchia	444	\$498,510
13. Corey Pavin	398	\$445,697
14. Jay Haas	388	\$421,299
15. Hale Irwin	388	\$378,673
16. Rod Spittle	374	\$528,290
17. Jay Don Blake	356	\$447,613
18. Jose Ozaki	341	\$408,225
19. Kenny Perry	340	\$295,668
20. Tom Pernice, Jr.	335	\$417,575
21. David Frost	334	\$534,012
22. Olin Browne	330	\$448,478
23. Fred Funk	308	\$440,299
24. Eduardo Romero	304	\$200,033
25. John Huston	302	\$355,552
Also		
44. Jim Rutledge	104	\$180,775

SOCCER

MLS

EASTERN CONFERENCE									
	GP	W	L	T	GF	GA	Pt		
Philadelphia	18	7	4	7	21	16	28		
New York	20	6	4	10	34	24	28		
Columbus	18	7	5	6	21	19	27		
Houston	19	5	6	8	23	22	23		
D.C. United	17	5	5	7	24	29	22		
Kansas City	18	5	6	7	23	24	22		
Chicago	19	2	5	12	20	24	18		
Toronto	21	3	9	9	17	36	18		
New England	18	3	8	7	16	24	16		

WESTERN CONFERENCE									
	GP	W	L	T	GF	GA	Pt		
Los Angeles	21	10	2	9	27	16	39		
Seattle	21	9	4	8	28	20	35		
Dallas	19	10	5	4	26	19	34		
Real Salt Lake	17	8	3	6	23	12	30		
Colorado	20	6	5	9	22	23	27		
Chivas USA	19	5	7	7	24	22	22		
San Jose	18	5	6	7	28	21	21		
Portland	17	5	9	3	21	31	18		
Vancouver	20	2	10	8	19	28	14		

Saturday's games

All Times Eastern

Colorado at Seattle, 4 p.m.

Real Salt Lake at Vancouver, 4 p.m.

San Jose at Columbus, 7:30 p.m.

Kansas City at Houston, 8:30 p.m.

Portland at Chicago, 8:30 p.m.

D.C. United at Dallas, 9 p.m.

New York at Chivas USA, 10:30 p.m.

NASL

Fort Lauderdale at Montreal, 7:30 p.m.
Carolina at Edmonton, 9:30 p.m.

Sunday's games

Atlanta at Montreal, 3:30 p.m.
Tampa Bay at Edmonton, 6 p.m.
Puerto Rico at Minnesota, 8:30 p.m.



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- Most Awarded Ram Truck Ever
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- Winner of *Automobile Magazine* "All Star" award 2 years in a row (2010 and 2011)
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- HEMI[®] V8 FuelSaver MDS technology seamlessly transforms the powerful HEMI[®] V8 to a fuel-saving four cylinder
- Available Class-Exclusive RamBox[®] Cargo Management System^o
- Available Class-Exclusive In-Floor Storage Bins^o
- 5 Year/100,000 km Powertrain Warranty

COMPARE — WITH THE — COMPETITION

COMPARE — WITH THE — COMPETITION	RAM 1500 QUAD CAB SXT 4x4				CHEVROLET SILVERADO 1500 Extended Cab 4x4		FORD F150 TFX SuperCab 4x4	
	RAM 1500 QUAD CAB SXT 4x4				CHEVROLET SILVERADO 1500 Extended Cab 4x4		FORD F150 TFX SuperCab 4x4	
V8 ENGINE	✓				✓		✗	
EXT. CAB WITH 4 FULL-SIZE DOORS	✓				✗		✗	
SIRIUS® SATELLITE RADIO (1 YEAR NO-CHARGE SUBSCRIPTION)	✓				✗		✗	
REAR STABILIZER BAR	✓				✗		✗	
HD ENGINE COOLING	✓				✗		✗	
LINK COIL REAR SUSPENSION	✓				✗		✗	
POWER WINDOWS AND LOCKS	✓				✓		✗	
4 & 7-PIN TRAILER TOW WIRING HARNESS	✓				✗		✗	

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GUTS - GLORY



RAM

20-second drop top

The Camaro's well-insulated power-operated cloth top is secured by a single centre-mounted latch and takes just 20 seconds for the windows to automatically lower and the top to fully retract.

Chevy can also supply a windscreen that's secured between the seats to help keep most baby-boomer comb-overs in place.

Smooth ride

The firm-riding Camaro features 20-inch wheels that, when tested, clung tenaciously to the twisty tarmac. The optional leather-covered bucket seats provided equal grip and were pleasantly comfortable for long-distance driving.

You'll also be hard-pressed to see or feel any bizarre shaking or body flex that's problematic on some other convertible designs.

Mighty SS

The Camaro convertible SS model comes with a 426-horsepower 6.2-litre V8 and a six-speed manual transmission.

There's also a 312-horsepower 3.6-litre V6 unit that comes with the optional six-speed automatic. Still, its extra-cost black centre stripe and 20-inch polished aluminum wheels made it appear almost indistinguishable from the mighty SS.



► For all its size, the Camaro convertible doesn't hold much in the way of people or cargo. But that's not really the point of this style statement, now is it.

5

drive

By comparison

Ford Mustang

Base price: \$32,900
Classic design with muscular V6 and V8 power. GT500 model sizzles.

Mitsubishi Eclipse

Low-volume ragtop has great looks, but I4 and optional V6 lack power.

Chrysler 200

Base price: \$31,500
Restyled former Sebring is much improved. New V6 option adds punch.

WHEELBASE MEDIA

Cruising season is finally here; need a reminder?



MALCOLM GUNN
DRIVE@METRONWS.CA
WHEELBASE MEDIA

High-school reunions are great for reminiscing about the way we were. And the perfect four-wheeled time machine for such an event is the 2011 Camaro convertible.

The year I departed my alma mater in 1967 was the Camaro's freshman season. By then, Ford's groundbreaking Mustang had been around for two and a half years and had generated worldwide sales in excess of 1.3 million copies.

Even so, the Chevy rival attracted plenty of atten-

tion with its head-turning good looks and enough available grunt to lay down lengthy rubber strips whenever the driver tapped the gas pedal.

To my teenage way of thinking, the original Camaro's sophistication and swagger (especially the Rally Sport convertible model

with its hidden headlights) blew the Mustang into the weeds and would have been my personal preference if only I had possessed the financial wherewithal.

Chevrolet mothballed the Camaro on its 35th anniversary in 2002, but with great fanfare the stunning coupe returned for the

2010 model year.

The convertible was released this past February, just in time for the spring and summer cruising season.

Whether it's around the block or across the country, the Camaro should definitely transport you to another state of mind.



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LEASING AND THE DEATHLY HALLOWS, PART II

AUTO PILOT



MIKE GOETZ
DRIVE
@METRONEWS.CA

A few years back certain automakers were really big into leasing. Then they dropped it like a hot potato salad. Yes, very messy.

In an effort to get business by establishing lower and lower monthly lease payments, many automakers set way too optimistic lease-end residual prices.

These vehicles then flooded the used market and over-supply conditions further decreased their already unrealistic values.

Net result: automakers and lessors had to suck up the difference, and suffered huge losses in their leasing portfolios. Grumpy faces all around. They're not going to do that again. Oh wait, they might be... Yes, Chrysler and GM are back into leasing.

And other automakers that significantly scaled back their leasing efforts, like Ford, are now scaling back up.

Well leasing is back, but you can be sure that automakers have learned valuable lessons. Leasing is different now.

Generally, automakers will now be more selec-



▶ Leasing is not restricted to luxury cars, but luxury cars, like this BMW 5 Series, have always maintained a higher percentage of lease customers than their mainstream counterparts.

tive on which models they offer leasing programs on, and will have self-imposed limits on their overall leasing penetration.

Ford, for instance, wants to keep it around 10 per cent of their overall sales.

Luxury makes have more pressure to lease — their affluent customers like to, and can afford to, get into new vehicles more often, and leasing is a great no-fuss no-muss way to get that done.

If you're always driving a relatively new vehicle it's going to be expensive, no matter which financing method you use.

Which brings us back to an essential point of leasing — leasing is not for everyone.

In the previous era, many customers were mesmerized by those lower-than-low monthly payments, and then found out the hard way, that it didn't suit their budget, needs or lifestyle.

If they didn't look after the vehicle properly

and/or drove it a ton, they got stung at lease end with excessive kilometre and "wear and tear" charges.

By adhering to more realistic residual (or end-of-lease) values, leasing offers are better structured than they were in the past, but lost the clear-cut cost advantage they previously held over their main competitor — a financed car loan.

But automakers still use attractive lease rates to move certain models, so good leases deals are out there.

Do some reading before you go lease happy. The Canadian Automobile Dealers Association (CADA) has published a useful document called, Turning the Lights on Leasing, which is accessible on its website (canda.ca).

Another resource is the software application, Expert Lease Pro, available at leasetips.com.

I asked publisher, Charles Hart, what is the most misunderstood as-

In the previous era, many customers were mesmerized by those lower-than-low-monthly payments, and then found out the hard way, that it didn't suit their budget, needs or lifestyle.

pect of leasing, by consumers?

"That it's a legal contract," said Hart. "You're entering into a legal contract. Not just taking a loan and then purchasing something. Distinct difference... Like any contract, you need to read it and understand it, before you enter into it."

And once you're in, be prepared to go the distance.

Hart noted you could prematurely end a lease.

"But it's painful and expensive."

Lowly dandelion could be Ford's next breakthrough

DRIVING FORCE

JILL MCINTOSH
DRIVE@METRONEWS.CA

The next time you're cursing dandelions as you're digging them out of your lawn, try not to be so hard on them: they might be part of your car someday.

Ford has partnered with Ohio State University's agricultural research department to see if the milky sap in dandelion roots can be used in place of latex to make rubber for vehicle parts.

"I believe oil will become more scarce and we need to look at alternative materials that we can grow in this country," says Debbie Mielewski, technical leader of plastics research for Ford in Michigan.

"We use a lot of synthetic rubber and it's made from petroleum. Rubber is a natural product, but it's grown in Southeast Asia. Transportation costs are getting ridiculous, the plants are being hit by blight, and they're cutting down trees at a much high-

er rate than they're replacing them, so we don't think it's feasible long-term."

You're not going to get rich by weeding and selling the result. In order to get enough sap from each plant, the dandelions being studied are a special strain that's native to Russia.

"These roots are enormous compared to those in our regular dandelions here," Mielewski says.

"They were looking at it during World War Two as a local source of rubber because nothing was shipping in, but research stopped after the war ended. In the last few years, Ohio State started to look at it to see if we can grow it here as a natural source of rubber."

The dandelions are harvested, dried, and their roots snapped open to obtain the sap. In testing, it's being used the same way as natural latex to form rubber.

Even if the weeds have potential, Mielewski warns that it will take years before the product actually comes to market.



2011 Porsche 911 Carrera S. Porsche recommends seat belt usage and observance of all traffic laws at all times. Optional equipment shown is extra.



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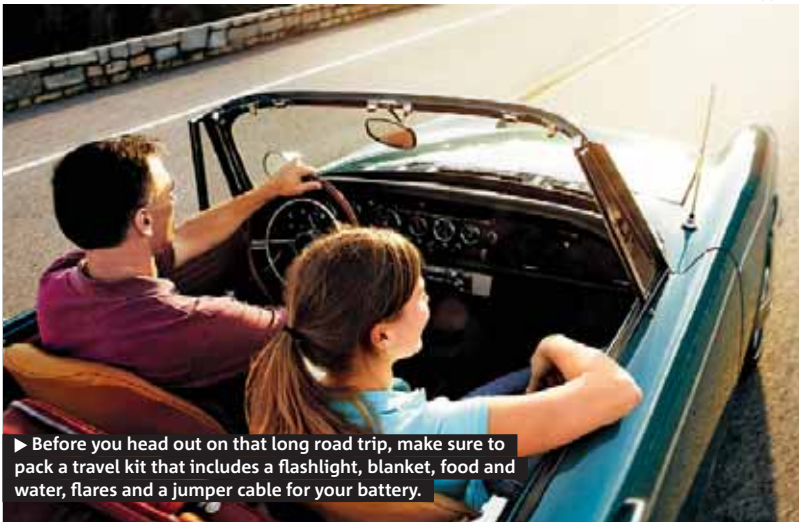
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A road trip with the right kind of memories

► Don't want to come back home with tales of disaster from your vacation? ► Start with some proactive maintenance



► Before you head out on that long road trip, make sure to pack a travel kit that includes a flashlight, blanket, food and water, flares and a jumper cable for your battery.

After months of fighting snow and wind, Canadians are gearing up for summer road trips.

From a little kid tucked in the backseat heading to the cottage, to a group of friends loading up the car for a camping trip, almost every Canadian has an epic summer drive memory.

Unfortunately, many also have memories of their vehicle being broken down on the side of the road with no help in sight.

A little proactive maintenance is the first step for a worry-free trip. Schedule a full service check-up two

weeks prior to hitting the road including a tune-up and fluid top-up. Chances are during the winter months, you or your mechanic added more antifreeze to your radiator's coolant mix to prevent it from freezing. In excessive amounts, antifreeze can actually reduce cooling efficiency, resulting in higher engine temperatures. Have your mechanic check the concentration and adjust or change the coolant if required.

Help your engine perform at its best by filling your tank with a high-quality

ty gasoline.

"Gasoline primarily contains carbon and hydrogen molecules, and combustion can create a residue, called gunk, which is a build-up of carbon particles on critical engine parts," explains Ken Mitchell, an engineer from Shell Canada.

"This gunk has a porous surface that can negatively affect the performance of your vehicle. Some high-quality fuels ... clean and protect critical engine parts from the build-up of gunk while you drive."

Along with your personal packing list, you'll want

to be equipped with a travel kit for your vehicle. Essentials include: a rechargeable flashlight, a blanket, non-perishable food and water, flares and a jumper cable for your battery, and the contact numbers for your insurance agency and your roadside service provider. For longer trips, it never hurts to have extra fluids in the trunk — just in case.

The last piece of the puzzle

for any road trip is getting where you need to go.

Thanks to smartphones and Google maps, it's never been easier to plan your route and explore every nook and cranny of this great country, right down to where your next fill-up will be.

"There's nothing worse than rolling into a small town late at night when your fuel tank is on 'E,'" and

not knowing where to go," said Mitchell.

So no matter where your epic summer drive takes you — the Cabot Trail, the TransCanada through the Rockies or through waving wheat fields of the prairies — these tools can help make sure that summer of 2011 delivers a road trip with the right kind of memories.

NEWS CANADA

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metro



► An adventure trip with all-wheel-drive vehicles means putting them through their paces.

► Well, maybe crazy adventure as this drive takes some interesting twists and turns



GARRY SOWERBY
FOR WHEELBASE MEDIA
SCENE@METRONEWS.CA

The target is 500 metres away. Half a kilometre.

Without a powerful scope, the pop can at which I'm aiming the rifle isn't even visible.

"Control your breathing, Garry. Slowly inhale. Gently exhale. Keep the cross-hairs on the pop can because there is a half stick of dynamite in it and a hit means a big boom reward."

My finger twitches on the trigger of the 15 kilogram 50-calibre weapon.

I worry about the recoil ripping my shoulder off. I wonder how my wife, Lisa Calvi, and I will make out when the scores are finally tabulated on Volvo's XC Adventure, a zany two-day road trip between Los Angeles, Calif., and Gateway, Col.

We were competing against 15 other teams driving Volvo XC models: 60s, 70s and 90s.

Our ride was a Caspian blue — that's a dark blue, by the way — XC70 with all the bells and whistles, including a 300-horsepower turbocharged engine.

When we strapped into it two days earlier in L.A., I couldn't help but think of the Volvo I've owned for 31 years. The weathered blue and white 1980 DL wagon in which Ken Langley and I circumnavigated the planet in record time so many years ago has always been nicknamed Red Cloud.

"Let's call this one Blue Cloud, Lisa." My suggestion seemed more reasonable than calling a blue and white car Red Cloud.

So for the next 48 hours it was Lisa, Blue Cloud and I

About Garry

► Garry Sowerby, author of Sowerby's Road, Adventures of a Driven Mind, is a four-time Guinness World Record holder for long-distance driving.

against teams from the likes of Road & Track, Motor Trend and Car & Driver magazines. Along the way we would have to make choices and test our stamina, wit and curiosity to earn points like the competitors in the hit TV show The Amazing Race.

Our first instruction seemed simple enough: get to the Las Vegas sign on the Vegas Strip by 3 p.m. that afternoon and average 25 mpg. No sweat.

I feather-footed Blue Cloud through the mountains to the high desert and brought it in at 25.6 mpg. Not bad for an all-wheel-drive tall wagon with mobility to go just about anywhere.

Along the way we completed many other tasks, including photographing three sharks in Shark Reef at Mandalay Bay Resort, scrambling up a 13-metre vertical rock face at a climbing centre, delivering dog food to the Humane Society in St. George, Utah and touring a ghost town to name just a few.

On the last day, while organizers were scoring the challenge, we hit the shooting range to fire 308 Winchester rifles at pop cans loaded with dynamite. I connect on my first shot and graduate to the massive 50-cal for the 500-metre target.

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Slowly I squeeze the trigger.

BOOM!

It sounds like an F18 fighter breaking the sound barrier overhead. No dynamite exploding though.

"You missed by four inches, closest so far." The spotter seems impressed with my shooting prowess.

No big deal though because that night at the awards dinner we hit the target with the high-miler prize.

Proper thing for a Volvo named Blue Cloud, refined relative of Red Cloud, a 30-year-old relic that broke the around-the-world speed record so long ago.

Top Gear

ALL PHOTOS COURTESY OF WHEELBASE



1 Just what everyone needs: a bed for a pickup bed. Available from California-based Pittman Products International, the patented AirBedz is available to fit most trucks on the road — and most bed lengths — and even includes cutouts to fit around the inner wheel housings. AirBedz would also work great for laying out in the sun on a warm day or for a tailgate party with friends. truckairbedz.com.

2 For small cars or for large families with bulky objects to transport, a rooftop carrier is a must. One of the more useful is the Skybox LoPro Titanium from Yakima Products Inc. The company offers dozens of carriers, but this 15-cubic-foot container features a low 28.5-centimetre height that cuts wind resistance (to aid fuel economy) and noise, while allowing your vehicle to fit inside most garages. yakima.com.

3 It used to be that only trained automotive technicians could determine the cause of that mysterious glowing "check-engine" light. But now you can diagnose just about any newer vehicle's system, determine the problem — and gather how much the repair should cost — with the CarMD. When plugged into the On Board Diagnostics port located just beneath the dashboard of your 1996 or newer vehicle, the tester's series of green, yellow and red lights will indicate if a problem exists. carmd.com.

4 Drivers who like to record and evaluate their vehicle's performance are likely familiar with the G-Tech-Pro brand. Well, the company has recently released the new SS (Super Street) and RR (Road Racer) models with added features. Along with displaying current speed, horsepower, and elapsed times, the SS with GPS technology also records whatever elapsed-time intervals you want while your vehicle is in motion. gtechpro.com. **WHEELBASE**

An upscale driving experience

► Volkswagen Tiguan loved for refinement, sportiness

SECOND GEAR



JUSTIN PRITCHARD
DRIVE@METRONEWS.CA

The VW Tiguan is a compact SUV that was launched in 2009 to Canadian shoppers. Still on sale, the model receives an update for the 2011 model year.

With standard turbo power, two or all-wheel drive and sporty driving dynamics, the Volkswagen Tiguan stood out in the marketplace as a sporty and exciting contender.

Standard equipment included a two-litre four-cylinder turbo engine with 200 horsepower, front-wheel drive and a five-speed man-

What's the 4-1-1

► **Model:** 2009 to 2011 Volkswagen Tiguan
► **Vehicle type:** Crossover SUV

ual transmission. A six-speed automatic was available, and standard on 4Motion all wheel drive models.

Feature content included heated leather seating, a sunroof, navigation, rain-sensing wipers, a backup camera, Bluetooth and automatic climate control.

What Owners Like

Tiguan owners typically rave about sporty ride and handling characteristics, impeccable fit and finish, classy styling, and a long list



► 2010 Volkswagen Tiguan

of bells and whistles.

Small car driving manners and manoeuvrability are also highly rated.

What Owners Dislike

Complaints of the Tiguan tend to be centred around minor interior rattles as the vehicle ages, as well as its requirement to run on premium gas.

Some owners wish for

better gas mileage, and many complain of limited cargo space in the back.

Common Issues

Start a test-drive of the Tiguan with a full check of all interior electronics — including the power/heated seats, navigation system and all lights.

A few owners have reported having transmis-

sions replaced under warranty, and others note a strange and intermittent “thump” as the vehicle comes to a stop in traffic.

Information on Tiguan transmission issues is scarce, but if the automatic gearbox in the unit you're considering exhibits any unwelcomed behaviour, be sure to have it checked out.

Note that any sputtering

or “lumpiness” in acceleration could be caused by a bad engine sensor or ignition coil packs, and that any check engine lights should be investigated by a trained VW mechanic.

Finally, check the floor carpeting, especially around the front footwells for signs of moisture, which could indicate a clogged or pinched-off sunroof drainage tube.

The Verdict

Tiguan will command a price premium for its purchase and operating costs, though most owners agree that the upscale driving experience and sporty performance more than compensate.



Check out Justin's video car reviews online at youtube.com/mr2pritch.

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[†]Limited time financing offer on all Honda Certified Used Civics available through Honda Financial Services, on approved credit. Offer only available up to 24 months on Honda Certified Used Honda Civic, Accord and CR-V models (2006–2010 model years). Finance example based on 2008 Honda Civic model: \$10,000 at 1.9% per annum equals \$424.96 per month for 24 months. Cost of borrowing is \$199.04 for a total obligation of \$10,199.04. Taxes, license, insurance, registration and fees are not included. See your Honda dealer for full details. Dealer may sell for less. Offer expires June 30, 2011.

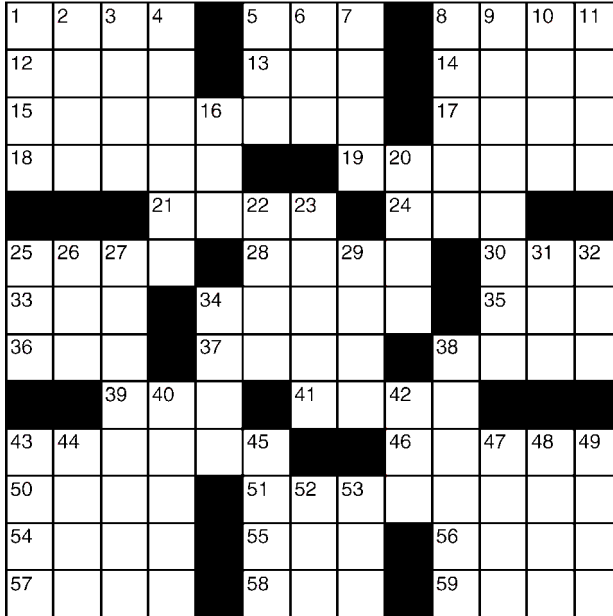
Crossword

Across

- 1 Mary's pet
5 Sleepwear, for short
8 Commotions
12 Brit's exclamation
13 Debtor's letters
14 Domesticated
15 Made moist
17 Send forth
18 Lance
19 Crouches
21 Line of fashion?
24 Boom times
25 Auction actions
28 Asian desert
30 Animation frame
33 Historic time
34 Bolivian city
35 Guitar's cousin
36 Jewel
37 War god
38 Cruising
39 Pick a target
41 Profound
43 Jamaican music style
46 Blunder
50 Satan's specialty
51 Greek threatened by a sword
54 Flintstones' pet
55 Wildebeest
56 Aid
57 Lily variety
58 Tackle's teammate
59 Slithery

Down

- 1 Covers
2 Now, on a memo
3 Jerry Herman musical
4 Circumvent
5 Wrestling win
6 Scarborough of MSNBC
7 Lather
8 Enjoyed thoroughly
9 Syrian city
10 Leave out
11 Collections
16 Before
20 Classroom surprise
22 Culture medium
23 Segway alternative
25 Plead
26 Rage
27 Harmful
29 Diamond corner

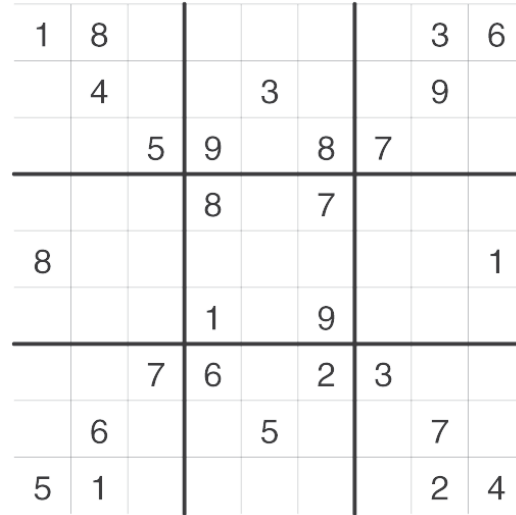


- 6 Scarborough of MSNBC
7 Lather
8 Enjoyed thoroughly
9 Syrian city
10 Leave out
11 Collections
16 Before
20 Classroom surprise
22 Culture medium
23 Segway alternative
25 Plead
26 Rage
27 Harmful
29 Diamond corner
31 — out a living
32 Meadow
34 Dalai —
38 Iraq War helicopter
40 Nome dome home
42 Id counterpart
43 Cincinnati team
44 1960s singer Sands
45 Rim
47 Run away
48 Toppled
49 Catch sight of
52 Massachusetts cape
53 Pie filling?

Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

7	4	1	2	8	3	6	9	5
5	3	6	9	7	1	2	4	8
2	8	9	6	5	4	3	7	1
9	5	8	4	6	7	1	3	2
3	6	4	1	2	5	7	8	9
1	2	7	8	3	9	4	5	6
8	7	3	5	1	6	9	2	4
4	1	2	3	9	8	5	6	7
6	9	5	7	4	2	8	1	3

A look at the weather

TODAY	THURSDAY	FRIDAY
Min 14° Max 21°	Min 14° Max 20°	Min 14° Max 24°

Michele McDougall
Weather Specialist

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes". WEEKDAYS 6AM



Today's horoscope

♈ Aries March 21-April 20

You won't hesitate to speak your mind. Be careful because what you say could have far-reaching results.

♉ Taurus April 21-May 21 If you went to extremes in some way yesterday, you will have to balance things out over the next 24 hours.

♊ Gemini May 22-June 21 You may be a bit unsure of yourself, but it's nothing to worry about. Tomorrow you'll be back to your best.

♋ Cancer June 22-July 22 If your current workload is heavy, you will need help from partners.

♌ Leo July 23-Aug. 23

Don't worry if you fall out with a friend because you will be the best of mates again by tomorrow.

♍ Virgo Aug. 24-Sept. 22 If you want guarantees you won't be out of pocket if you agree with a pal's proposal, you're asking too much.

♎ Libra Sept. 23-Oct. 23 Your way with words will charm everyone around you today.

♏ Scorpio Oct. 24-Nov. 22 You will clash with someone whose opinions you disagree with, not for the first time and not for the last.

♐ Sagittarius Nov. 23-Dec. 21

You need to channel your feelings into something of a worthwhile nature, such as a creative project.

♑ Capricorn Dec. 22-Jan. 20 You're not in the mood for fun and games. These are serious times.

♒ Aquarius Jan. 21-Feb. 18 You're in everyone's good books at the moment and if you are smart, you will make the most of it.

♓ Pisces Feb. 19-March 20. If you've made a promise, you must live up to it — especially on the work front. SALLY BROMPTON

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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Fight Carformity with a Compact SUV that has the off-road capabilities and practicality of an authentic SUV, along with on-road comfort and convenience. Grand Vitara's SmartPass™ Keyless Entry and Start system, Electronic Stability Program (ESP), Class-leading towing capacity¹, and fuel-efficient engine will make your journey more enjoyable. It's Suzuki's leading candidate to Fight Carformity off-road as well as on.

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